How to make a Fabric Face Mask

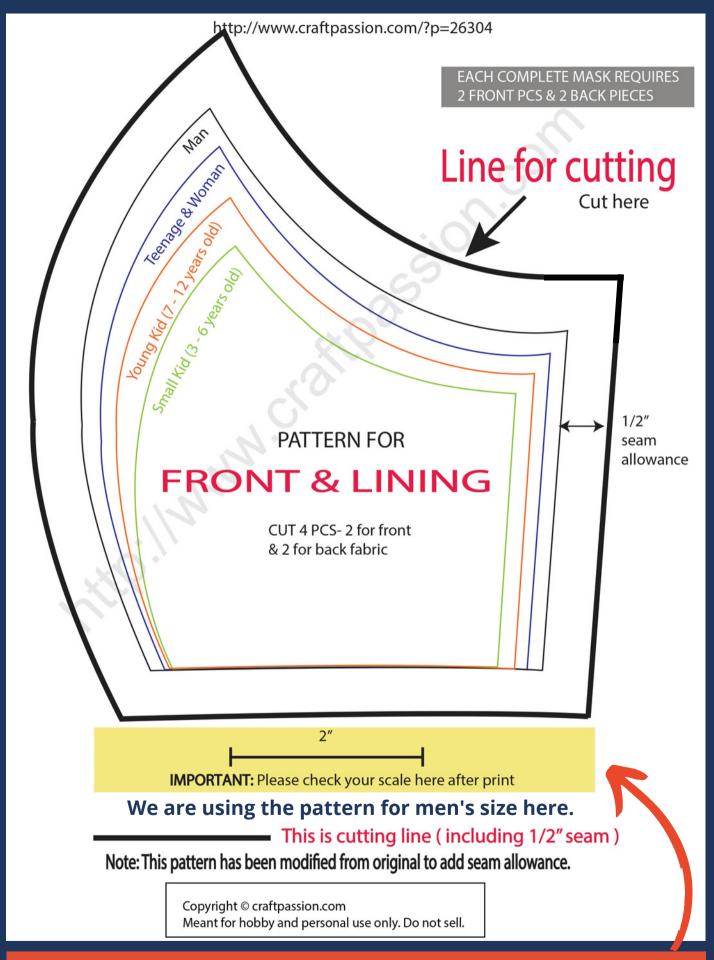




with description our superheroes



Print this Pattern



When you print the pattern, make sure you print at 100% scale and not fit to page. Don't worry if the top and bottom text gets cut out as long as your pattern is printed to scale. Check against the line & make sure it measures 2".

Cutting the Fabric

Use breathable cotton fabric. Medium-weight fabrics work the best.

Each complete mask requires 2 pieces for the front and 2 pieces for the back.

Draw and cut from the reverse side of the fabric, keeping at least two layers face to face.

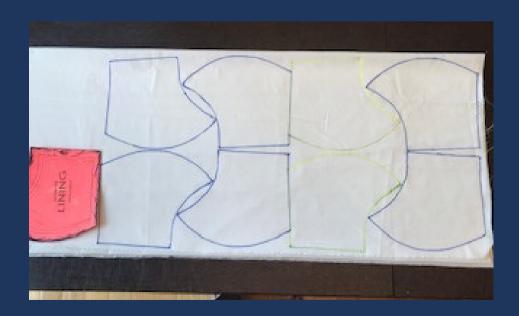
TIPS

Please use different fabrics for front & back so it is easy to recognize the side that touched the face.

You can cut multiple pieces by folding a fabric or you can lay it out wider and cut if more fabric can be conserved that way.

It is advisable to pin layers together.

NOTE: A seam allowance of 1/2" has already been added to the pattern.



Scroll on for step-by-step stitching instructions with pictures.

Click here for a quick video tutorial.

Sewing the Mask

Start with 4 pieces. Two for the front and two for the back/lining









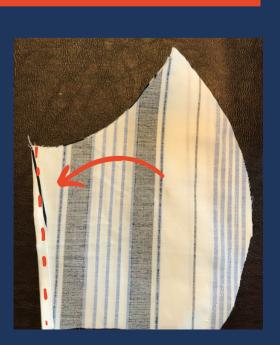
Take the two front pieces with right side facing inside and do two close lines of stitching on the curved edge (for a stronger seam)

Remember to stitch 1/2"

away from edge

Finish both the outer edges individually, by folding 1/4" twice





Repeat steps 1-3 exactly the same for the lining as well





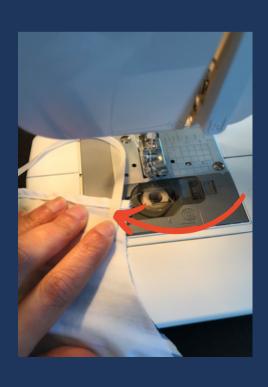




Now hold the front and lining pieces together by keeping the right side of each inwards and the wrong side outside, matching the edges

Take a 6.5-7.5"
piece of elastic
and overlap it
about 1/2" on
edge and start
sewing the front
& lining together
(elastic length based on
face size)





Attach another
6.5-7.5" elastic
before you reach
the end of the
stitch by
overlapping about
1/2" again









Attach the other end of the elastics when you finish the bottom edge. This is how a finished mask with elastic will look like from the reverses side

Now, turn the mask inside-out and give an edge stitch at the top and bottom sides to finish the piece





This is what the final mask should look like.





This mask is open from both ends, where a non-woven insert can be slipped in.

Stay well. Stay Safe.

From your friends in Basking Ridge, New Jersey

See how **KCWL** has rallied our community to volunteer & create thousands of masks for health care providers.